

Physical Activity Recommendation Not Met (School-age)

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- Most recent data (2014): 78% of King County youth attending public schools in the 8th,10th and 12th grades.
- Trend over time: 2006-14: falling
- Description: Did not participate in physical activity for 60+ minutes on 7 of the past 7 days
- Healthy People 2020 Goal: 68 percent or lower

Physical activity recommendation not met (school-age), King County, 2012 and 2014 average

	Percent	Lower CI	Upper CI
King County (school-age in 8th, 10th and 12th grades)	78	78	79
GRADE			
Grade 8	73	72	74
Grade 10	80	79	81
Grade 12	82	81	83
GENDER			
Male	72	72	73
Female	84	84	85
RACE/ETHNICITY			
AIAN	71	66	76
Asian	84	83	85
Black	75	73	77
Hispanic	82	80	83
Multiple	77	75	78
NHPI	75	71	78
White	77	76	77
Other	75	73	77
REGION			
East	77	75	78
North	77	75	79
Seattle	81	79	82
South	79	78	79
STATE			
Washington State	75	74	76

Comparisons:

Higher than King County rate (yellow)

Lower than King County rate (green)

Notes:

Source: Healthy Youth Survey.

Prepared by Public Health - Seattle & King County, APDE, 08/2016.

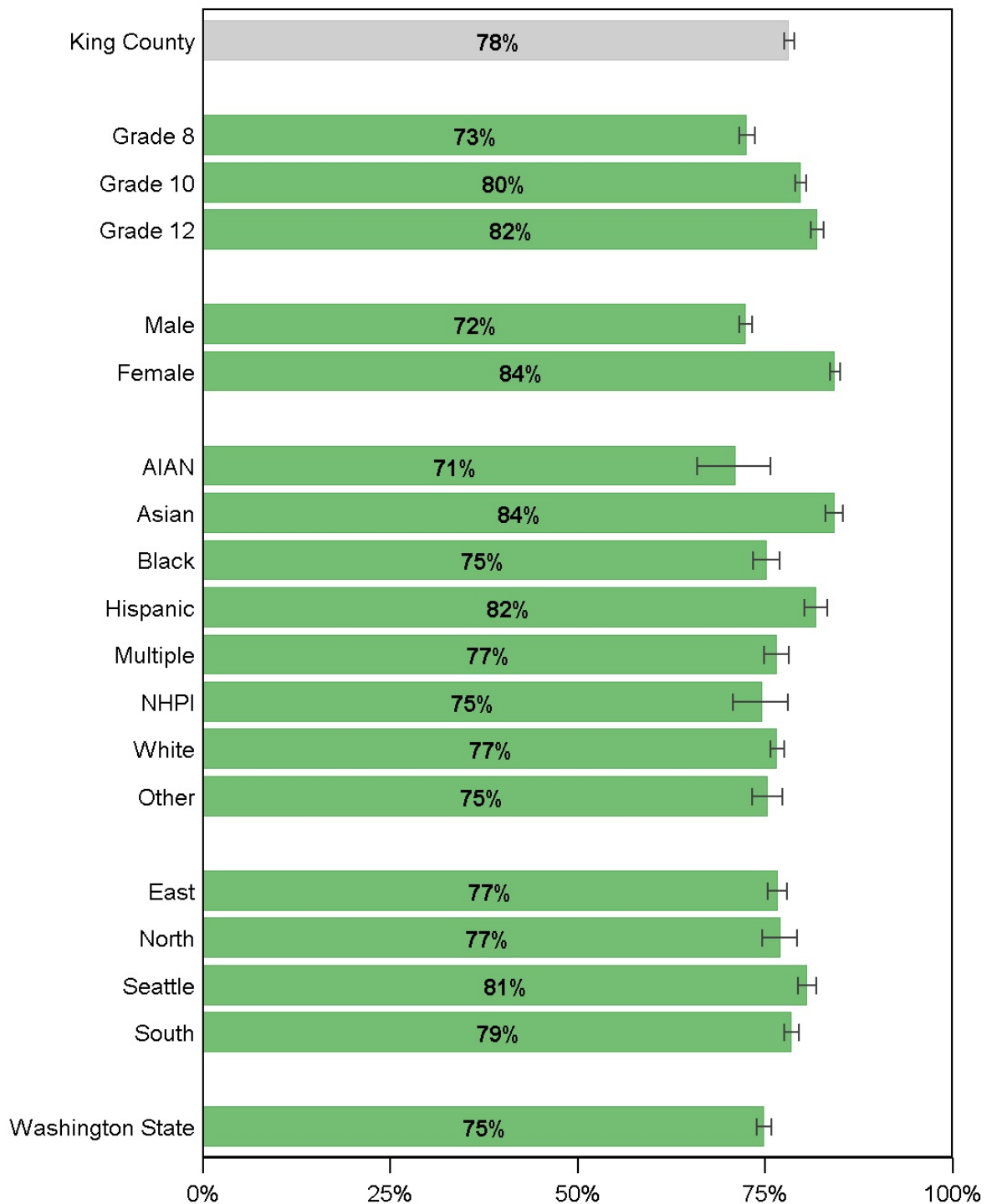
CI is 95% Confidence Interval.

* Too few cases to protect confidentiality and/or report reliable rates.

§ Too few cases to meet precision standard, interpret with caution.

Data by income or poverty level not available.

Physical activity recommendation not met (school-age) King County, 2012 and 2014 average



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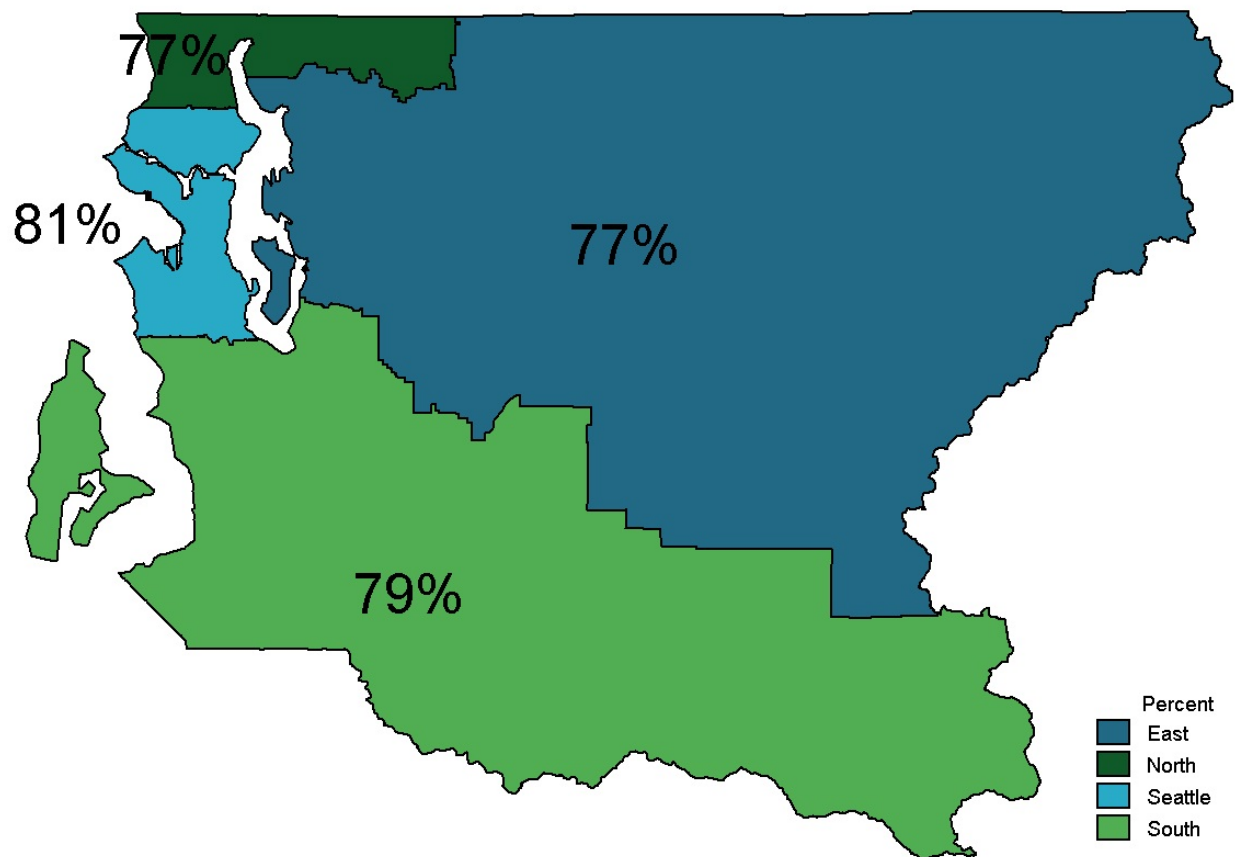
[-----] Confidence interval shows range that includes true value 95% of the time.

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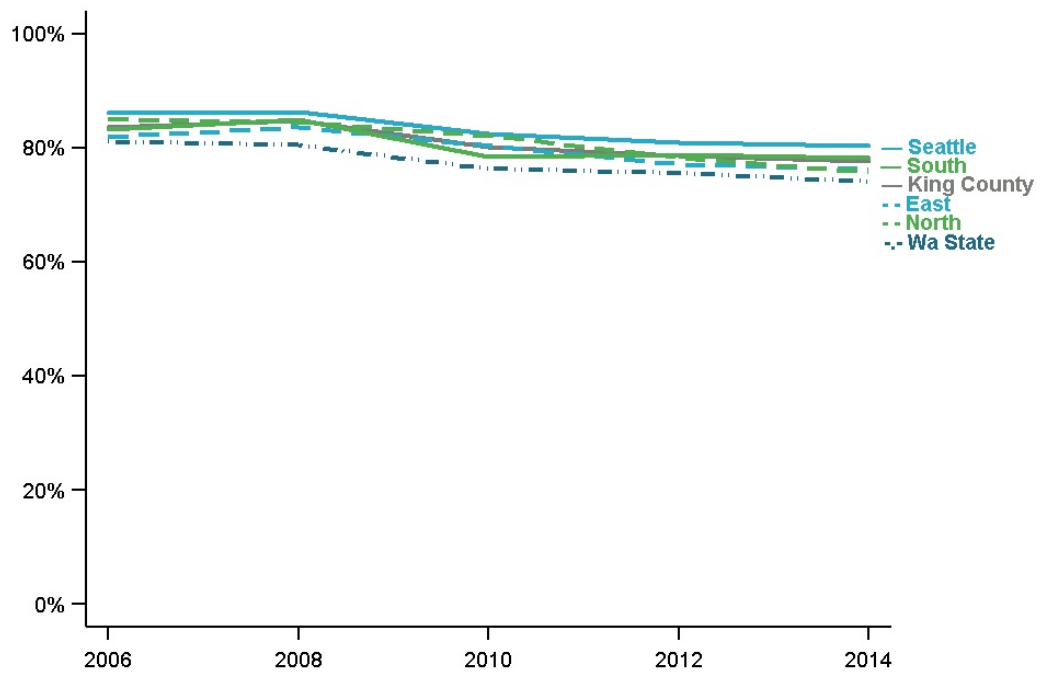
Data by income or poverty level not available.

**Physical activity recommendation not met (school-age) by regions
King County, 2012 and 2014 average**



Source: Healthy Youth Survey.
Prepared by Public Health - Seattle & King County, APDE, 08/2016.
N/A: Not available.

Physical activity recommendation not met (school-age) King County, 2006-2014



Trends over time: King County (2006-14: falling); East KC (2006-14: falling); North KC (2006-14: falling); Seattle (2006-14: falling);
 South KC (2006-14: falling); Washington State (2006-14: falling)
 Prepared by Public Health - Seattle & King County, APDE, 08/2016.
 Source: Healthy Youth Survey.
 South KC (2006-14: falling); Washington State (2006-14: falling)

Produced by the
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